# Healthy Eating

Parents/caregivers are urged to provide children with healthy snacks and lunch which will enable the staff to assist in the development of lifelong healthy eating habits. All children will need their own drink bottle with water only and clearly labelled with their name.

Please note: Rostrevor Kindergarten is a nut free Kindergarten due to the inclusion of students with life threatening anaphylactic allergic reactions.

# Sustainability

Rostrevor Kindergarten has a strong focus on building sustainable practices into the regular routines and experiences of the Kindergarten. Children are supported in extending their knowledge around recycling, composting, re-using materials, being water wise and making responsible choices they make caring for their environment. We welcome families in contributing to our Kindergarten garden.





### Medication / Health Needs

Please advise the Kindergarten if your child has a known medical condition like asthma, anaphylaxis, allergies or diabetes. They require a health management plan which can be developed in conjunction with your doctor/health care professional.

See our medical condition policy on our website.

### Accidents / Incidents

If an accident occurs, or your child becomes unwell at kindergarten, educators will administer first aid, and provide care and comfort to your child. When there is a medical emergency educators will, where necessary, call an ambulance if a child appears very unwell or has a serious injury that needs urgent medical attention.

Parent Complaints procedure is on the website.

NQS RATING
Exceeding Overall



# Rostrevor Kindergarten Parent Information



61 Maple Avenue Rostrevor SA 5073

Phone: 83373524

Fax: 83655746

Email: Tina.Wise523@schools.sa.edu.au

Website: http://www.rostrevorkgn.



### Session Times

Children attend in one of the following groups: Yellow Group: Attend Monday and Tuesday each week 8.15am-3.45pm.
Blue Group: Attend Wednesday and Thursday each week 8.15am-3.45pm.

### How do I enrol at Kindy?

An enrolment enquiry form is available form the Kindergarten. When the intention to enrol form is completed and submitted to the Kindergarten they will be placed in order of receipt. Preference of enrolment will be given to families living in the Rostrevor Suburb, if not in the area our priority of access policy applies.

(See Priority of Access Policy on website)

# Term Fees

Fees are \$150 per term with a one off payment of \$70 for the excursion levy. If paid upfront in full in the January prior to starting the fee will be \$650 for the year. The preferred method of payment is by internet transfer. Details are found on the invoice supplied prior to the start of each term. If internet transfer is not possible please place correct fee amount in a named envelope and place it in the black box on the wall near the office. A receipt will be issued to you if cash payments are made.

Rostrevor Kindergarten bank details.

BSB: 105141 ACCOUNT NUMBER: 528315540

# What to bring to Kindy

When your child attends the centre they should bring a small bag, labelled with their name containing:

- A set of spare clothes for both warm and cool weather (underpants, shorts, t-shirt, jumper and tracksuit pants).
- A plastic bag for any soiled clothes.
- 2 pieces of fruit for the morning and afternoon snack times.
- A packed lunch for a full day.
- Protective broad brimmed sun hat for warm weather and a jacket for cold weather. Suitable hats with the Rostrevor logo are available to purchase for \$12.

It is advisable that children avoid bringing valuable items and special toys as if they are lost it can cause disappointment.







### Arrival / Departure

All children need to be bought into Kindergarten. Parent/Caregivers must sign their child in and again when they are collected. Your child's can place their bag in the lockers located on the veranda. Hat, fruit snacks, change of clothes remain in their bag.

Children's lunch boxes are placed on the trolley near the door and drink bottles are put on the table in the eating area.

Please note that lunches will not be heated or refrigerated, a freezer block is recommended all year around in their lunch box.

### Sun Protection

Rostrevor Kindergarten is a sunsmart Centre. We operate within the sunsmart guidelines. Sun hats and sunscreen are compulsory when the UV rating is over 3.

- All children are required to wear hats that protects their face, neck and ears.
- i.e. legionnaire, broad-brimmed or bucket hats. Baseball or peak caps are not considered a suitable alternative.

During warm weather shoulders need to be covered—no singlet tops please. We ask families to apply sunscreen in the morning before children arrive and throughout the day educators will encourage children to reapply sunscreen when necessary.

