



Rostrevor Kindergarten

NEWSLETTER Term 2 Week 7

Term Two & Three Dates

20th June

KESAB visit Kindy

22nd June

KESAB visit Kindy

28th June

Governing Council

Meeting @ 6pm

3rd—6th July

Mud Week

7th July

Last Day Term 2

24th July

Term 3 Starts

25th July

PUPIL FREE DAY

1st August

Greenhill Living

2nd August

Greenhill Living

14th August

Trent Indigenous culture

Artefact Talk

16th August

Trent Indigenous culture

Artefact Talk

This term is flying past and I can't believe it is Week 7 already. We still have a lot planned for the term and in week 8 we have KESAB coming on Tuesday and Thursday to talk about recycling with the children. We also have Mud week in week 10 (*more information is below*).

Angela, Vicki and I are writing individual learning plans for each child and next term we will be setting aside times to have interviews with families. Interviews are a great opportunity to have an informal chat about what has been happening at Kindy for your child and future planning. I will approach families soon individually to book in a time.

In weeks 9 and 10 the children who are starting mid-year will be having their transition visits. Each day there will be a few new children coming in for 2 hours in the morning into whichever will be their group next term.



RAINBOW FOOD EXPLORERS

In line with the DECD Healthy Eating Guidelines and the Kindergarten Healthy Eating policy, this term we have been focussing on the "Eat a Rainbow Program". Children are encouraged to be "food explorers" by trying different coloured fruits and



vegetables we provide for a taste at Kindy each week. We know that children are not always adventurous with their eating but maybe you could ask your child if there were any of the foods they tried that they might like to bring to Kindy as part of their snack. There are so many different fruits and vegetables that they can bring which create good eating habits for life.

Each week the children tasted a different colour food and when they had finished we tallied how many children finished everything in their bowl. We were really pleased to see all the children had a go to at least lick the food for a taste.



Our Rainbow Food Explorer

song

"I like to eat a rainbow.

*It fills my body and it makes
my brain grow.*

*It makes my heart beat and it
makes the blood flow.*

I like to eat a rainbow"

RED foods keep our heart pumping strong, regulates our blood pressure and protects us from getting sick.

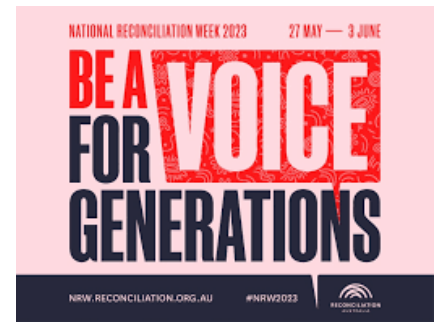
ORANGE foods help our eyes, skin, heart, immune system and contain high amounts of vitamin C

YELLOW foods help our heart, eyes, digestion system, skin and our immune system

GREEN foods are a source of protein, fibre, folate and vitamins A,B,C and potassium for heart health.

PURPLE foods are beneficial for our brain and heart health, lowers blood pressure and a great anti-inflammatory.

At Kindy Educators will support children to explore the meaning and purpose of this year's **National Reconciliation Week** theme through practical opportunities. We continue to say our welcome to country each day and have discussed Kurna language through songs, animal names and stories.



Keep up the momentum for change: the theme for National Reconciliation Week 2023 is *Be a Voice for Generations*.

The theme encourages all Australians to be a voice for reconciliation in tangible ways in our everyday lives – where we live, work and socialise. For the work of generations past, and the benefit of generations future, act today for a more just, equitable and reconciled country for all. This an opportunity for all of us to reflect with the children on our journey so far, and explore how each of us, individually and collectively, can contribute to achieving reconciliation in Australia.



These are some of the stories we have introduced for Reconciliation Week.

Children had their hands painted like the Aboriginal flag using the colours, red for the earth, yellow for the sun and black for the people.



Mud Week!

Be prepared that your child might come home messier than usual in Week 10! We are joining in Kindergartens and child care centres all over the state to celebrate **“International Mud Day” 29 June 2023**.

“Nature Play SA” organises this as a reminder of the importance of nature for children!

Mud play has been associated with a range of benefits for children including increased happiness, improved wellbeing, stronger immunity and connecting to nature.

“Mud is an unstructured element of play which you may remember from your childhood. The benefits of mud play include: problem solving, sensory awareness, benefits to fine and gross motor skills, resourcefulness, inventiveness and other life-long skills are associated with mud play.

In addition to mud being fun and a source of childhood joy, research has demonstrated that exposure to friendly bacteria in soil can assist the brain to release serotonin, the endorphin used to regulate mood. Mud provides an ideal platform for children to immerse themselves in one of nature's finest elements and in doing so build a life-long connection to the natural world.



Please pack your child a change of clothes and gumboots if they have them.

Gumboots and waterproof onesies will be available at kindy and children will be changed out of wet clothes after their mud play.

History of International Mud Day

The creators of International Mud Day wanted to find a way to help all of the children of the Earth feel closer to each other...and what a better way to do it than through the Earth itself? International Mud Day began in 2009 at a World Forum event, when Gillian McAuliffe from Australia and Bishnu Bhatta from Nepal got together to talk about ways to encourage feelings of community and appreciation for the world around us. The collaboration that followed has inspired educators, children, and families across the globe, from Holland to Nepal to the United States, to celebrate International Mud Day together each year on June 29.

Reminders:

Please name ALL your **child's possessions.**

If your child is showing signs of illness or feeling unwell they must stay at home

If they have any gastro symptoms they need to wait 48 hours after the last vomit or bowel motion.

The Kindy still needs to report Covid 19 cases to the Education Department, so please notify staff if your child tests positive and keep them home from Kindy until they are better.

Have you enrolled your child at School yet? If you are intending to send your child to Stradbroke School please contact them on 83375349

Governing Council:

Thank you to those families that were able to attend the Governing Council meetings. The next meeting is Wednesday 28th of June at 6pm. If you are interested in attending please let Tina know. There is also an online link on the Kindy website.



World Environment Day is celebrated annually on 5 June and encourages awareness and action for the protection of the environment. It was first held in 1973, it has been a platform for raising awareness on environmental issues such as marine pollution, overpopulation, global warming, sustainable development and wildlife crime.^[3] World Environment Day is a global platform for public outreach, with participation from over 143 countries annually. Each year, the program has provided a theme [Solutions to Plastic Pollution](#).



Angela shared some books about the impact of rubbish on animals and the environment and the children went on a rubbish hunt around the Kindy garden. As educators we believe children are able to have a say about what happens in their world. These are some

of the things the children had to say:

Olivia – “picking up rubbish otherwise the earth will get fuller and fuller and we will get rubbish all over us”.

Spencer – “I picked up lots of rubbish – if I don't we will have rubbish everywhere”.

Henry – “picking up the rubbish because persons might slip over”.



World Ocean Day Thursday the 8th of June 2023.

[World Oceans Day](#) reminds every one of the major role the oceans have in everyday life. They are the lungs of our Planet and a major source of food and medicine and a critical part of the biosphere.

We talked with the children about the impact of human actions on the ocean, like when people leave their rubbish. The children are thinking and developing an understanding of ways we can care for all animals in our world.

The Scientific Bubble Show

The children had a great time with Marty McBubble and his scientific bubble show in week 4. He did amazing things with bubbles from bubble donuts, long bubbles, foggy bubbles, transparent and opaque bubbles. He made bubble volcanoes, bubble caterpillars, he put a bubble cube inside bubbles. He made a bubble merry go round, a helium bubble rocket, ice-cream bubbles, gigantic bubbles over the children as well as rainbow bubbles and bubbles that didn't pop!



Marty McBubble used music and comedy to explain the scientific principles behind soap bubbles. We learnt that bubbles come from liquid (water) and a gas (air). We made predictions about what was going to happen next when Marty used different shaped blowers. He showed us that bubbles are transparent and the gravity makes the bubbles float to the ground.



There was a lot of learning that happened....

How are bubbles created?

Why do they pop?

Is a bubble a solid, liquid or a gas?

What shapes and colours can bubbles make?

What is it like inside a bubble?

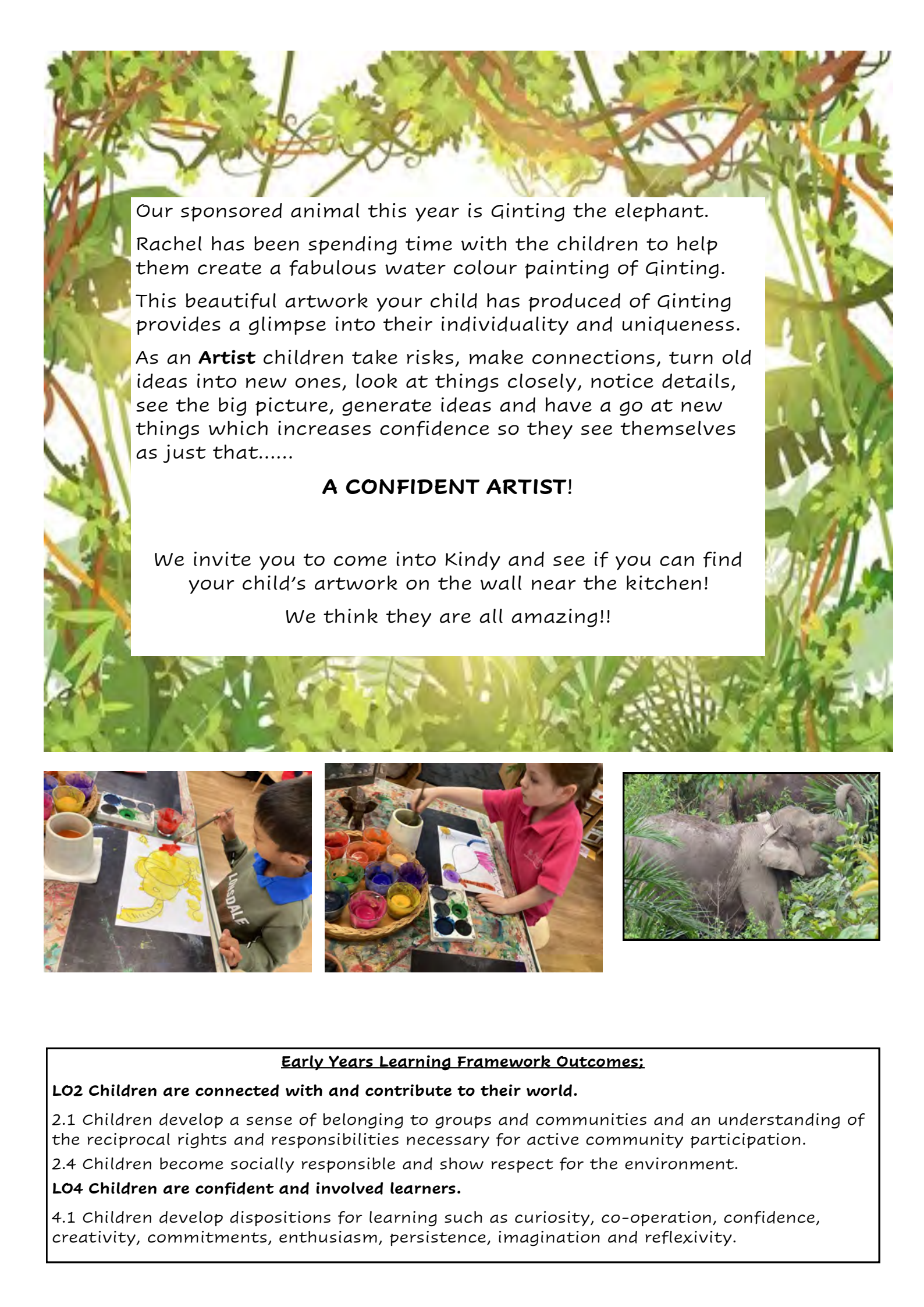
The children engaged in a natural sense of wonder with the interactive experience.

**There were BUBBLES, BUBBLES,
EVERYWHERE!**

A lot of fun was had by everyone!

There is a copy of your child's photo in their learning folder and on the seesaw app.





Our sponsored animal this year is Ginting the elephant. Rachel has been spending time with the children to help them create a fabulous water colour painting of Ginting. This beautiful artwork your child has produced of Ginting provides a glimpse into their individuality and uniqueness. As an **Artist** children take risks, make connections, turn old ideas into new ones, look at things closely, notice details, see the big picture, generate ideas and have a go at new things which increases confidence so they see themselves as just that.....

A CONFIDENT ARTIST!

We invite you to come into Kindy and see if you can find your child's artwork on the wall near the kitchen!

We think they are all amazing!!



Early Years Learning Framework Outcomes;

LO2 Children are connected with and contribute to their world.

2.1 Children develop a sense of belonging to groups and communities and an understanding of the reciprocal rights and responsibilities necessary for active community participation.

2.4 Children become socially responsible and show respect for the environment.

LO4 Children are confident and involved learners.

4.1 Children develop dispositions for learning such as curiosity, co-operation, confidence, creativity, commitments, enthusiasm, persistence, imagination and reflexivity.